ONE55
HEALTH & FITNESS
AT WEST HQ

# CODE OF CONDUCT

PURPOSE

- This Code of Conduct is implemented by West HQ Limited (ONE55) to maintain a safe, positive, comfortable and enjoyable environment for all Members and visitors (ONE55 Patrons).
- ONE55 Patrons are required to respect the health and safety of all persons while on the premises, consider others space, and follow any rules and regulations around the centre (Rules) which form part of the Code of Conduct.

## BEHAVIOUR

- ONE55 has a zero-tolerance to physical/verbal violence, bullying/harassment or abuse. This includes any online bullying/harassment via social media or any other medium.
- All ONE55 Patrons must:

  a) follow the reasonable directions of ONE55 staff; and
  b) arrive to Group Fitness classes and Personal Training sessions on time.

## DRESS CODE

- Members must be suitably clothed at all times while on the premises.
- Correct fitness attire, including sports joggers, track pants or sports shorts, ladies' tights, t-shirt or singlet tops, must be worn at all times for safety and hygiene. Denim pants, soiled work attire, work boots, safety boots and slip-on canvas shoes are not suitable gym attire and will not be permitted in the gym (at ONE55's discretion).

## HYGIENE & CLEANLINESS

- To ensure we maintain a clean, comfortable and hygienic environment we ask that all ONE55 Patrons use deodorant and a sweat towel at all times and wipe down equipment with the disinfectant provided after each use.

## CARE OF EQUIPMENT

- All equipment must be replaced after use in all areas, particularly free weights, benches, and functional training zone equipment, including Group fitness Classes.

## PROHIBITED

- Alcohol, illegal drugs and dangerous substances are prohibited on the premises.
- Smoking is banned within 4 metres of a pedestrian entrance to or exit from a public building.
- Taking photos or videos is prohibited in all areas of the gym unless approved by ONE55.
- Any ONE55 Patron who causes damage to equipment or any property will be personally liable for the cost of repair or replacement. ONE55 Member's will be responsible for any damage caused by guests or children.

## PERSONAL TRAINERS

No Member is allowed to run their own personal training business within ONE55 premises.

**A breach of this Code of Conduct (including the Rules) may result in immediate termination of your membership.**



**West HQ Limited**, 33 Railway Street, Rooty Hill, NSW 2766
02 9625 5500 / info@westhq.com.au / westhq.com.au